

# ICTU Healthy Workplaces Campaign

*Healthy Workplaces Lighten the Load*

## FREE information webinar

Will take place via Zoom (no downloads or special software are needed to join) The Webinar is intended for trade union officials, activists and safety representatives concerned with this issue.

**21st October, 2021**  
**10:30 – 13:00**



**Musculoskeletal disorders (MSDs) are one of the most common work-related ailments.**

Throughout Europe they affect millions of workers and cost employers billions of euros. Tackling MSDs helps improve the lives of workers, but it also makes good business sense. Work-related MSDs affect the back, neck, shoulders and upper limbs as well as the lower limbs. They cover any damage or disorder of the joints or other tissues. Health problems range from minor aches and pains to more serious medical conditions requiring time off or medical treatment. In more chronic cases, they can even lead to disability and the need to give up work.

**REGISTRATION IS ESSENTIAL. You can book your place by emailing:**  
**[healthyworkplace@cwu.ie](mailto:healthyworkplace@cwu.ie)**

**When you have registered for the Webinar you will receive a confirmation email. The link to the Webinar will issue to the email address you registered with the day before (Wednesday 20th October ). When you log into the Briefing on Thursday 21st October you will be in the waiting area until the event goes live.**

## **WEBINAR SCHEDULE**

**10.30 REGISTRATION**

**10.45 Chairperson Frank Vaughan ICTU Health and Safety Committee Introduction and Background**

*Frank Vaughan is the Health & Safety Consultant for the Irish Congress of Trade Unions. He is a former Board Member of the HSA and is a member of the Standing Committee on Occupational Safety and Health of the European Trade Union Confederation.*

**11.00 Frank Power Senior Ergonomist (Inspector) Health and Safety Authority Ergonomics Risk Management: Strategy and Interventions at workplace level.**

*Frank Power works with the Health and Safety Authority (H.S.A.) as a Senior Ergonomist (Inspector) in the Occupational Health unit. Since joining the Authority he has been involved in addressing Ergonomic and Manual Handling issues at a strategic and workplace level and has acted as an Expert Witness in the Courts. His main areas of work include the development of regulations and guidance, completion of regulatory inspections to address ergonomic risk management issues and representing the HSA on NSAI, EU Commission and National Disability Authority work groups. He chaired the HSA Manual Handling Training Advisory Group which developed the Manual Handling Training Standards Framework in co-operation with QQI. He is a guest lecturer at TCD, UCC, TU Dublin, and NUIG.*

**11.20 QUESTIONS**

**11.30 Ignacio Doreste ETUC MSDs – A Trade Union Perspective**

*Ignacio Doreste is the ETUC advisor working on the dossiers of labour market and employment; self-employment, atypical work, and the platform economy; occupational health and safety; and organising workers. He graduated on Psychology in the Autonomous University of Madrid and he holds Masters on Human Resources Management (Open University of Catalunya), International Aid and Cooperation for Development (Complutense University of Madrid) and Clinical Psychology (Spanish Association of Behavioural and Cognitive Psychology). He works for the European Trade Union Confederation since 2013. Before, he was engaged in the Spanish trade union movement since 2009.*

**11.50 QUESTIONS**

**12.00 Theresa Flynn BA Physio, Dip SHWW MAppIsc MISC P Manual and Patient Handling – Some Current Issues**

*Theresa Flynn is a Chartered Physiotherapist who specialises in Ergonomics, her main area of expertise are in Health Care Ergonomics and Patient Handling Training.*

*She has managed the Back Care and Ergonomic Service in St Vincent's University Hospital for the last twenty five years. This involves providing tailored on-going Manual Handling training to over 3,000 employees, proving risk assessment, ergonomic services and product evaluations to all departments in the hospital and providing assistance to employees with back problems with return/stay at work. She is Chairperson of Chartered Physiotherapists in Occupational Health and Ergonomics (CPOHE) and the Irish representative to International Federation of Physiotherapists in Occupational Health and Ergonomics (IFPOHE).*

**12.20 QUESTIONS**

**12.30 ROUNDTABLE DISCUSSION**

**12.50 WEBINAR CLOSE**