



Healthy Workplaces **LIGHTEN THE LOAD**



HEALTHY WORKPLACES LIGHTEN THE LOAD EU-OSHA Campaign 2020 – 2022

Wellness&Sport Hotel Šumava, Kašperské Hory

PROGRAMME 7. October 2021

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| 8.30 – 9.00 | Registration of participants |
| 9.00 – 9.20 | Welcoming participants Campaign 2020 – 2022: Healthy Workplaces Lighten the Load <i>Ing. Jaroslav HLAVÍN, National Representative of FOP, Ministry of Labour and Social Affairs of the Czech Republic</i> |
| 9.20 – 10.10 | Ergonomics or How to do it <i>Ing. Jiří TILHON, Ph.D., LL. M., Occupational Safety Research Institute (VÚBP) in Prague</i> |
| 10.10 – 10.15 | Break |
| 10.15 – 11.00 | Ergonomics or How to adapt the workplace and respect the warning signals of our body <i>Ing. Jiří TILHON, Ph.D., LL. M., Occupational Safety Research Institute (VÚBP) in Prague</i> |
| 11.00 – 11.10 | Break |
| 11.10 – 12.00 | Work from home - a comprehensive approach to health protection <i>MUDr. Vladimíra LIPŠOVÁ, Mgr. Karolína MRÁZOVÁ, Ph.D. - The National Institute of Public Health, Centre for Occupational Hygiene and Occupational Medicine</i> |
| 12.00 – 14.00 | Lunch |
| 14.00 – 14.40 | New forms of education and training in health and safety issues <i>Ing. Anna CIDLINOVÁ, Ph.D., Occupational Safety Research Institute</i> <i>Ing. Marek BÁRDY, Ph.D., XR institute s.r.o.</i> |
| 14.40 – 15.15 | Legislative in the field of health and safety <i>Robert KŘEPINSKÝ, Chairman of the Standing Committee on Legislation at the Government Council of OSHA</i> |
| 15.15 – 15.45 | Break |
| 15.45 – 16.45 | Knowledge in the field of health and safety <i>Robert KŘEPINSKÝ, Chairman of the Standing Committee on Legislation at the Government Council of OSHA</i> |
| 16.45 – 17.45 | HIV and AIDS in the Czech Republic - current epidemiological situation Testing options (individual counselling) <i>Bc. Jiří STUPKA, Mgr. Simona HALÁSOVÁ, The National Institute of Public Health</i> |

